



St Andrew The Apostle School
Newsletter 27.03.26





Dear Parents, Carers and Friends of the School,

As we come to the end of a busy term, it has been wonderful to reflect on the experiences our students have enjoyed.

One of the highlights of recent weeks has been our visits to St Katherine's Greek Orthodox Church. Father Gregory and Father Damian welcomed our pupils with warmth and great pastoral care. Their guidance helped students understand the traditions and meaning of the season as we approach Easter. These visits are always a valued part of our school calendar, strengthening the bond between the school and the church.

We were also fortunate to host an engaging Classics session with Dr Sutton, whose talk was made possible through the generosity of one of our Jack Petchey Award winners. Our Year 11, 12 and 13 students were enthused by the depth of knowledge and Dr Sutton brought the ancient world to life. It was clear from their thoughtful questions and lively discussions that the experience had a real impact.

Our Aspire Evening on Thursday evening offered selected Year 11 students an excellent introduction to life in our Sixth Form. Our Sixth Form team demonstrated real care, ambition and commitment to helping every student see how they can reach their full potential as they consider university pathways and the suite of activities and support on offer to help our students reach the very best universities.

Another proud moment this term came from our Sixth Form engineering students, who recently took to the track with the electric car they have been designing, refining and building. This represented the culmination of months of dedication, teamwork and problem-solving. The students have poured hours into engineering, testing and improving their vehicle. We are immensely proud of what they have achieved; not only building the car itself, but the resilience, innovation and collaboration they have shown throughout the project.

The Student Council's energetic dodgeball tournament was a fantastic success, bringing our school community together in the spirit of fun, teamwork and generosity. Students from across all year groups took part with great enthusiasm, cheering each other on. Thanks to the outstanding organisation of our Student Council and the generosity of all who participated, the event raised over £800 for Refuge, our national charity partner, helping support vulnerable women and children across the UK.

Our end-of-term Achievement Assemblies celebrated the hard work, progress and character of every year group. It was wonderful to see students recognised for their dedication and contributions to school life. The assemblies created a warm, uplifting atmosphere and were a perfect way to finish the term on a positive note.

As we now look ahead to the Easter break, I would like to wish every member of our school community a happy, peaceful and well-rested holiday. Easter is both a spiritual celebration and a time for renewal, and I hope the coming days bring rest, joy and time with loved ones.

We look forward to welcoming everyone back on Monday 13 April 2026, at the normal time, ready for the summer term and all the opportunities it will bring.

Wishing you all a very Happy Easter,

Christopher Martin | Headteacher

Upcoming Dates

Monday 30 March - Easter Holiday

Monday 13 April - Students return to school

Easter Card & Easter Prayer Winners

STA **ST ANDREW**
THE APOSTLE

HAPPY
EASTER





Dear God,

Thank you for the Joy of Easter and for the
resurrection of Jesus.

Thank you for the hope, love and forgiveness that
Easter reminds us of.

Help us to follow your teachings and live with
kindness and faith everyday.

Guide us to care for our community and treat others
with respect.

As we celebrate Easter, remind us that light
overcomes darkness and love is stronger than hate.
Help us to be grateful for our families, our school and
the many blessings in our life.

Let the message of Easter inspire us to do good,
forgive and grow stronger in our faith.

Amen.

Hermes, 7 Simon



Wishing you a very Happy Easter from all at
St Andrew the Apostle Greek Orthodox
School

Mr C Martin
Headteacher,
St Andrew the Apostle Greek Orthodox School

Be kind to one another, forgiving one another, as God forgave you.
Ephesians 4:32



**ST ANDREW
THE APOSTLE**



Front cover designed by Carmen, 7 Simon

St Andrew the Apostle School, Brunswick Park Road, London, N11 1EH
020 3195 5444

Second place: Angela (Year 8)

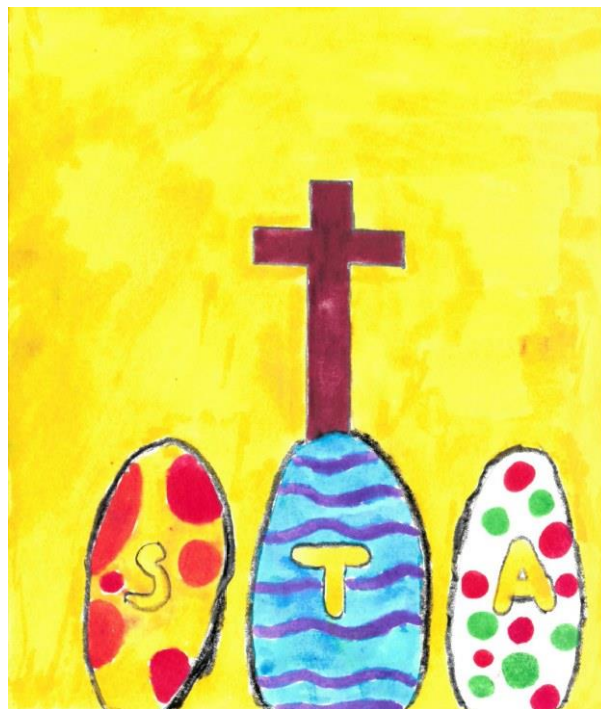
Heavenly Father, I come before you, with a heart filled with gratitude and praise. Thank you for forgiving us for all of the sins that we made. Thank you for gifting us with the resurrection of your Son, Jesus Christ. We have the present that was known as his death, his life and his eventual re-birth. We respect that he sacrificed everything for us, and so we have been redeemed by his realisation that everyone makes mistakes and that they deserve a second chance. We will rejoice in the hope and joy that Easter brings.

Amen

Third place: Maximus (Year 7)

Lord, I pray every night and manifest, you have changed my life and will change more, just like you forgave me I will forgive too. For those who have sinned I will forgive.

Jesus the body has died for our sins. We pray every night and we will always. As you have seen the wars that are happening you will forgive. Amen.



Second Place: Elsa, Year 7

End of Term Celebrations



As we conclude another busy term, our school community came together to celebrate the hard work, resilience, and achievements of our students. Our end-of-term Achievement Assemblies provided a wonderful opportunity for each year group to gather and reflect on both individual and collective successes.

Across all subjects, students received Achievement and Progress Awards, recognising those who have demonstrated outstanding effort, improvement, and commitment to their learning.

Form Tutors also nominated students for Form Tutor Awards, celebrating positive contributions to tutor time, teamwork and community spirit. In addition, Head of Year Awards highlighted those who have gone above and beyond within their year groups, while SLT Awards were presented to students who consistently embody our school values in everything they do.

This term also saw many students recognised through Sparx Reader, celebrating enthusiasm, consistency, and exceptional engagement with reading.

Collective success was equally celebrated. We congratulated the form classes with the highest attendance and the most achievement points, acknowledging the shared dedication that contributes to a strong and supportive year-group culture.

These celebrations remind us of the pride we share in our students' achievements and the importance of recognising effort, ambition, and community spirit. We look forward to building on this momentum next term.

Miss Walt | Assistant Headteacher and Teacher of PE











Student Council Dodgeball Fundraiser



On Thursday 26 March 2026, our Student Council hosted an action-packed dodgeball fundraising event in support of Refuge, the Council's chosen national charity for the year.

Refuge provides vital assistance to women and children affected by domestic violence, offering safety, specialist support, and a path toward rebuilding their lives.

Throughout the school day, students from Year 7 all the way up to Sixth Form took to the courts to compete in friendly—but fiercely contested—matches. The event also marked an exciting milestone: it was the first ever opportunity for students to use the new rooftop MUGA, which proved to be a fantastic setting for the tournament.

*The atmosphere was energetic and positive from start to finish, with teams showing teamwork, enthusiasm, and plenty of competitive spirit. Thanks to the incredible participation and generosity of our school community, the Student Council successfully raised over **£800 for Refuge**.*

This achievement reflects not only the hard work of the Student Council but also the compassion and unity of our students. A huge well done to everyone who took part and thank you to all who donated or supported the event.

Mr Browell | Extended Leadership Team & Head of PE







Trips at STA

Church Visits for Easter Services

Our students visited the church this week for Easter services, taking time to pause, reflect, and appreciate the meaning of this special season. We were incredibly proud to see their kindness, respect, and thoughtfulness shine through—truly living out our school values in both character and action.









Year 12 UCAS Discovery Fair



Our Year 12 students took an exciting step toward their futures this week as they attended the UCAS Discovery Fair. The fair brought together universities, apprenticeship providers, and employers across the UK. Students had the chance to speak directly with admissions teams, explore course options, and gather practical advice about entry requirements, student life, and career prospects.

The visit marked an important first step to students being more confident and informed as they begin making their post-18 plans. We're incredibly proud of the maturity and enthusiasm they showed throughout the day, and we look forward to supporting them as they take their next steps.

Ms Bicarregui | Head of Sixth Form





Mallory Park Race Circuit Trip



Thumbs up to the Year 12 and Year 13 students for visiting the test drive event at Mallory Park race circuit. They conducted interviews with numerous racing teams, gathering valuable tips for their project to ensure everything is perfect for their event in July at Blyton Park — where everyone is welcome to come along and show their support. The students also had an in-depth conversation with the main ambassador of Greenpower, based at St Paul's School in London, receiving advice and insights gained from the ambassador's ten years of experience running the project. Seeing other teams with their cars on stands, working hard on improvements, was a fantastic sight—even if the weather didn't cooperate, with hail and snow making an appearance! All the best, STA Team!!

Mr Chalepas | Lead teacher of Computer Science and Teacher of Physics





Library Update





We are thrilled to announce our membership of the School Library Association and the National Literacy Trust. These national organisations support and advise library teams and the wider school in making literacy and a love of reading central in the life of the school, and we're delighted to be working with them.

We have begun sorting books in the library, including categorising and cataloguing the wonderful book donations received from parents, students and staff. Students have been helping with the sorting and shelving, and we are greatly encouraged by their enthusiasm for the project; we are establishing a student library team after Easter break, which will help in the day to day running of the library and be ambassadors for reading in the wider school.

In this National Year of Reading 2026, it's a great time to develop our school library. If you have a favourite novel which has inspired you, a non-fiction book which sparked your interest in learning, or a magazine subscription you would like to contribute, please do let us know, or consider making a donation towards these endeavours. We would love to add to the catalogue and develop the library further as a place of curiosity and pleasure in reading, and your support in this is invaluable.

Artist of the week



A huge congratulations to Yoan and Chloe, who have both been named our Artists of the Week for their outstanding surrealist clay clocks. They embraced new materials with confidence and creativity, producing imaginative outcomes that echo the playful distortion of Dali himself. Each student skilfully manipulated their clay so that it appears to drip and hang from the edge-an ambitious technique executed brilliantly.

Well done to both artists for their innovation, effort, and exceptional craftsmanship.

Miss Lisle | Teacher of Art





Musician of the Week



Grant is a dedicated and talented saxophonist whose passion for music shines through in everything he does. He approaches his GCSE Music studies with real determination, consistently working hard on his compositions and always striving to improve. His enthusiasm, focus, and commitment make him a fantastic role model for other students. Well done, Grant—keep up the excellent work!

Mr Lasithiotakis | Lead Teacher of Music

Inspiring Insights into Ancient Greek Medicine



*On Tuesday 24 March 2026, our Year 11 History students were treated to an insightful presentation and workshop led by **Dr Daniel Sutton of the University of Cambridge**, who delivered an engaging introduction to the world of ancient Greek medicine. The session proved to be an exceptional enrichment opportunity, perfectly complementing the GCSE History curriculum and provided students with a richer understanding of the foundations of medical practice.*

Dr Sutton guided students through the contrasting approaches of the Hippocratic doctors, who emphasised observation and rational explanations for illness, and the Asclepians, whose healing practices centred around the ‘medicine marketplace’ and divine intervention.

Students were particularly intrigued by the way these two traditions co-existed and influenced each other. Dr Sutton explained how these early ideas shaped the later work of Galen, allowing students to trace the development of medical thought across time.

Our students also examined a variety of historical sources, comparing viewpoints, societal beliefs, and medical practices, while evaluating their value to historians.

*We are incredibly proud of our **Jack Petchey Award winner, Oliwia**, for dedicating her wish to an experience that benefitted all our Year 11 History students.*

Dr Sutton’s engaging session not only deepened students’ understanding of ancient Greek medicine but also inspired many to explore the history of medicine even further.

Below are the comments of some of our students:

Dr Sutton's workshop about medicine was very intriguing and enabled us to further develop our knowledge of the understandings of medicine in the ancient world, complementing our GCSE topic of Medicine Through Time. The workshop was very engaging and allowed us to see different factors of how not only the practitioners -like the Hippocratics -but also society formed attitudes towards disease. It was a very enlightening and educationally rewarding experience.

Oliwia

Having Dr Sutton visit our school to discuss ancient medicine was a really enlightening experience. I especially appreciated how he connected historical practices to modern ideas, which not only reinforced our classroom learning but also broadened my understanding of how scientific knowledge evolves over centuries! It was fascinating to hear about the cultural and religious beliefs that influenced treatments back then, and it made me realise how medicine has always been shaped by society as well as science.

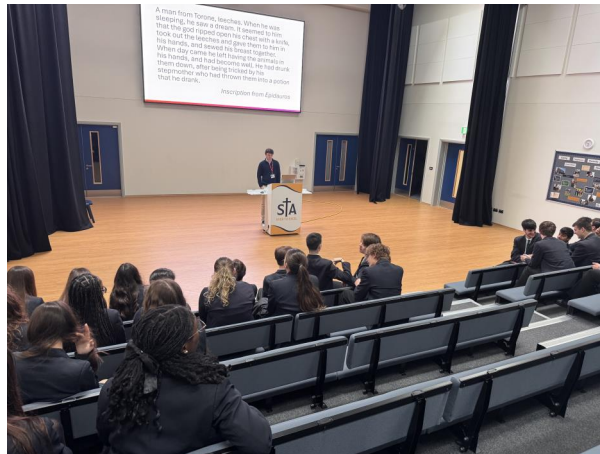
Anna-Maria

The History presentation made a significant impact on widening my knowledge of medicine through time. I learnt about the ideas of Hippocrates and how they were gradually developed over time by the philosopher and physician Galen. Later, we took part in an effective workshop. This workshop guided us through different symptoms, treatments, origins and societal beliefs towards different diseases of the early times. It was also helpful to see the different types of beliefs people held about medicine, ranging from the idea of 'god punishing the sick' to beliefs about the role of magic. The talk about the unspoken competition that all the physicians had with each-other was also vastly intriguing.

Hana

I enjoyed the depth with which we studied medical texts, as well as the detail Dr Sutton went into when comparing the texts, a skill which I found building in myself as the lecture went on. It was a great chance for us to do some higher-level historical analysis, which made me think deeper about the actions of ancient Greek doctors and patients, a vital skill in GCSE history as well as higher-level history-based courses. A really interesting and enjoyable lecture, perfect for up-and-coming historians.

Josh



Sports at STA

Year 7 Boys Football vs Bishop Douglas



The Year 7s faced a challenging first-round Barnet Cup tie away at Bishop Douglas, and after a slow start that saw them fall 2–0 behind within the opening minutes; the boys responded superbly, quickly settling into the game and creating chances, including a narrowly missed penalty. Excellent link-up play from Youssef and Vincent repeatedly released Seb, whose pace and power caused constant problems for the opposition defence and earned him two brilliant goals to level the match 2–2 by half-time.

Despite Zion and Thomas making crucial tackles at the back, Bishop Douglas began the second half strongly and regained control with three quick goals, including an unfortunate one from a corner and two outstanding finishes from their striker. Refusing to give in, St Andrew's kept pushing, creating several fantastic chances through Thiago, Pani and Seb, and eventually pulled one back when Seb's driving run set up Thiago for a composed finish. The match ended 5–3, leaving the boys disappointed after missing some excellent opportunities, but the performance showed great resilience and provided a valuable learning experience that will undoubtedly benefit them next season.

Mr Fowlie | Teacher of PE

Faith at School – Week of 23 March

*As we draw this vibrant term to a close, our community has been richly blessed—spiritually, intellectually, and in fellowship. A particular joy was our visit to **St Katherine's Greek Orthodox Church**, where **Father Gregory** and **Father Damian** welcomed students with warmth, depth, and pastoral care. In the stillness of that sacred space, pupils encountered the rhythms of Holy Week and the hope of the Resurrection, strengthening the living bond between parish and school.*

*As we rejoice in the light of Pascha, we also look to the saints commemorated between **12 and 30 April** whose lives illuminate the values we prize as a school—**Respect, Responsibility, Forgiveness, Fairness, Caring, and Trustworthiness**. **Zacchaeus (Zakhaio)** models responsibility and fairness: having met Christ, he made restitution beyond the Law and devoted his wealth to the poor (Luke 19), later serving as bishop of Caesarea—an enduring picture of repentance carried into action and public trust. **Saint Alexandra the Empress** shows courageous respect for truth and for the dignity of the persecuted; moved by St George's steadfastness, she confessed Christ and accepted martyrdom, a quiet witness to integrity under pressure. **Apostle Nathanael**—"an Israelite in whom is no deceit"—embodies trustworthiness and sincerity of heart, reminding us that honest speech and transparent conduct are essential to Christian scholarship and community. **Apostles Jason and Sosipater**,*

*the first to evangelise Corfu, demonstrate caring service and respectful hospitality: they welcomed, taught and encouraged new believers, and with **the virgin-martyr Kerkyra** bore suffering with hope—an example of love that builds up a community.*

In our classrooms and corridors, in rehearsals and practices, our students have shown the same character that the saints exemplify: respect for one another's gifts, responsibility in study and service, fairness in team endeavour, forgiveness in friendship, caring attention to those who need encouragement, and trustworthiness in word and action. These qualities are not abstract ideals for us; they are the everyday habits that make our community a place where each young person can grow in wisdom and grace.

*As we enter the Easter break, may the peace of the Risen Christ bring **rest, joy, and renewal** to every household. Thank you to families, staff, governors, clergy, and friends who have helped weave such a rich term of worship, learning, and fellowship. **Wishing you a blessed and restful Easter**—Καλή Ανάσταση!—and we look forward to seeing everyone refreshed for the new term.*



Music: Learn an Instrument or Join a Band – Sign Up Now

We are delighted to share that instrumental tuition and our Music Academy opportunities are open for applications through BEAT (Barnet Education Arts Trust). Learning an instrument or joining a band is a fantastic way for students to build confidence, creativity, and teamwork skills, while enjoying the fun of making music together.

For new parents:

You can register for lessons via the BEAT website: <https://beatrust.org.uk/learn-to-play/school-based-tuition/>. Once registered, students will be placed on a waiting list, and places will be offered as vacancies arise, usually at the start of each term.

For existing parents:

You do not need to re-enrol. BEAT will contact you directly with payment details for the new term.

Spaces are limited and allocated on a first-come basis, so we encourage parents to register early to avoid disappointment.

Music at our school continues to thrive, and we look forward to welcoming even more young musicians into lessons and ensembles this year.

A reminder for all students:

Choir takes place every Monday lunchtime. Year 9 bands rehearse on Wednesday and Thursday lunchtimes, and the Year 11 band rehearses on Thursday lunchtime. Any student can sign up and I am so happy that so many students have been attending.

Mr Lasithiotakis | Lead Teacher of Music

The poster features the BEAT logo at the top left and the slogan 'Live Music Make Music' at the top right. A pink banner lists categories: GUITAR ENSEMBLE, CHOIRS, TRAINING STRINGS, ACADEMY BAND, and ROCK & POP. A circular badge on the left states 'AGES 3 TO 21 YRS OLD!'. The central image shows a large ensemble performing in a grand hall. Below this, three circular insets show students playing saxophone, guitar, and piano. A large white graphic with pink borders contains the text 'BEAT MUSIC ACADEMIES' and a testimonial: 'Excellent teaching that is affordable, accessible, and supportive. I appreciate the encouragement and relaxed approach. The kids love coming here' - Parent Survey 2024. A 'Previous Performances' list includes Royal Albert Hall, St John's Smith Square, artsdepot, European Tours, Duke's Hall, and StoneX Stadium. A QR code is labeled 'Scan here to find out more:'. The bottom pink banner lists 'FOUNDATION STAGES', 'JAZZ ENSEMBLE', 'MUSIC THEORY', and 'RECORDER GROUPS'. The footer includes logos for Arts Council England and the Department for Education, along with the website 'WWW.BEATRUST.ORG.UK' and funding details: 'Supported using public funding by ARTS COUNCIL ENGLAND CHARITY NO. 1150174 COMPANY NO. 8310735 MORE INFORMATION:'.



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- Rock & Pop
- Training Choirs
- Academy Bands/Strings
- Music Theory
- Recorder Groups
- Academy Choirs
- Tabla Classes
- Starter Bands
- Guitar Ensembles
- Jazz Ensemble

BARNET
YOUTH
STRING
ORCHESTRA

ONE
VOICE
CHOIRS

BARNET
YOUTH
WIND
ENSEMBLE

BARNET
YOUTH
BRASS
BAND

BEAT MUSIC ACADEMY EAST

Saturday Mornings
East Barnet School, 5 Chestnut Grove, East Barnet
EN4 8PU



BEAT MUSIC ACADEMY CENTRAL

Wednesdays & Thursdays After-School
Dollis Primary School, Pursley Rd, London NW7 2BU

BEAT MUSIC ACADEMY WEST

Saturday Mornings
St Mary's and St John's School, Sunningfield Road, Hendon,
NW4 4QR



FOUNDATION STAGES JAZZ ENSEMBLE MUSIC THEORY RECORDER GROUPS

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Department for Education ARTS COUNCIL ENGLAND WWW.BEATRUST.ORG.UK



Live Music
Make Music

Voice Trumpet Horn Cello Viola Piano Clarinet Double Bass Oboe

INSTRUMENTAL & VOCAL LESSONS

AGES
7 TO 21
YRS OLD!

SCHOLARSHIPS AVAILABLE!

- Lessons available in schools
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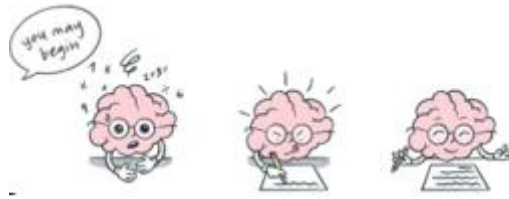
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Trombone Tuba Bassoon Violin Guitar Flute Drums Saxophone

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Supporting your child with revision: Blurting



*One simple but highly effective revision technique that we are focusing on this half term is **blurting, or brain dumps**. It helps strengthen memory and highlight areas that need further practice.*

What is blurting?

Your child:

- 1. Reads a short section of notes for 5 minutes*
 - 2. Closes the book*
 - 3. Writes down everything they can remember*
 - 4. Checks what they missed and adds it in, using a different colour*
 - 5. Repeats a few days later.*
-

Why blurting is great for revision

- **It boosts memory** — blurting forces students to recall information, which strengthens long-term learning.*
 - **It reveals gaps** — students can instantly see what they've forgotten and what they understand well.*
 - **It builds confidence** — seeing progress over time helps reduce stress and makes revision feel manageable.*
-

How parents can support

- *Encourage short, focused sessions (10–15 minutes)*
- *Provide a quiet space and reduce distractions*
- *Ask gentle prompts such as:*

- *“Show me what you can remember about that topic.”*
- *“What did you add when you checked your notes?”*

- *Praise effort — the goal is progress, not perfection*
-

What have students said about blurting?

*“Blurting showed me what I actually knew, not what I thought I knew. It made revision feel more real.” — **Year 9 Student***

*“I like using a different colour to fill in the gaps. It helps me see what’s sticking in my memory.” — **Year 9 Student***

*“It’s quick and makes me less stressed. Once I blurt everything out, I know exactly what to revise next.” — **Year 8 Student***

*“I used to just read over my notes but Blurting forces me to write down what I know. Now I can see easily what I haven’t remembered and focus on that.” — **Year 10 Student***

To find out more about mind maps and revision techniques, see our school website. [St Andrew the Apostle](#)

Ms Viala | Assistant Headteacher

Meet the Staff - Volunteer Librarians



I am a parent of three students at St Andrew the Apostle School, and I am excited by the opportunities offered in the library as we develop the range of books available and a welcoming and comfortable space for reading. The library is a fantastic resource to enrich the school community and encourage our children in their love of reading and learning, and we are keen to involve the whole school community in growing this project.

Ms Howles | Volunteer Librarian

I am thrilled to be joining St Andrew as a volunteer librarian. I have 15 years of experience as a teacher and after relocating to the UK, I've been eager to return to an educational environment. I've always loved working in the education sector, so this opportunity feels like a perfect fit. I'm excited to contribute and support the students and the school community.

Ms Ehdai | Volunteer Librarian

BICs Family Minds Workshops

*BICs are **inviting you to join our virtual workshops**. These workshops aim to increase your knowledge of common wellbeing and mental health difficulties faced by children and young people. They also aim to provide you with strategies to assist you in supporting your young person.*

*BICs have **five** topics coming up between April 2026 – July 2026*

Understanding Low Mood and Self-Esteem Workshop (Two Part Event)

BICS are inviting you to join a free two-part series of virtual mental health workshops which aim to increase your knowledge on Low Mood and Self-Esteem and provide you with some skills and strategies to assist your young person in coping with their Low Mood and Self-Esteem.

This workshop is aimed towards the parents/carers of children and young people.

*This is a **two-part workshop** that will develop your understanding of low mood and low self-esteem. It will teach you skills to help you to support and talk to your child or young person who may be experiencing low mood and/or low self-esteem. It will also introduce you to the CBT-approach to treating low mood, which includes behavioural activation, identifying values and building mastery and includes children and young people's views on their experience with low mood and self-esteem. As some children and young people with low mood engage in unhelpful / risky coping behaviours such as self-harm, the workshop will address how to respond and encourage the use of safer coping methods.*

The workshops are being held virtually to accommodate for childcare and work commitments. Please ensure you [sign up](#) for both parts of the workshop on Eventbrite.

Managing Exam Stress

Exam season can place a lot of pressure on young people, and many struggle with stress, avoidance, and low motivation in the lead-up to their exams. BICS are inviting you to join a virtual workshop designed to deepen your understanding of stress, how it affects young people, and the challenges they often face during this period.

This session will explore how anxiety influences studying and exam preparation, and it will introduce practical strategies to help you support your child or young person to manage these feelings more effectively. You will also gain tools you can use to support your child in navigating exam-related difficulties with greater confidence. [Click here to register](#)

Understanding and Managing Friendships

BICS invite you to join a virtual workshop designed to support parents and carers in understanding how friendships develop and the challenges that may affect your child or young person.

The workshop aims to build confidence in understanding your child or young person's friendships and supporting them through any difficulties that may arise. We will explore how anxiety can impact socialising and friendships difficulties, how neurodivergence may shape

these experiences, and ways to empower your child or young person to develop boundaries, navigate conflict, and manage bullying.

The workshop also focuses on how to communicate effectively with your child or young person about friendship issues and when it may be helpful to step in to problem -solve together, with the aim of strengthening your relationship and supporting their overall wellbeing. [Click here to register.](#)

Introduction to Neurodiversity Workshop

BICS invite you to join a virtual workshop designed to provide a general overview of neurodiversity. The session aims to support parents and carers in building awareness and understanding of what neurodiversity means and how it may relate to your child or young person's experiences. We will explore key themes, discuss common challenges, and share practical ideas to help you navigate support.

The workshop will cover how to access support with or without a formal diagnosis, ways to advocate for your child in education settings, simple and effective strategies you can try at home, and the local services and resources available in Barnet.

PLEASE NOTE: This workshop provides general information and guidance only. BICS does not offer neurodiversity assessments, diagnosis, or specialist intervention. The focus of the session is to build awareness and confidence for families who are exploring these areas or awaiting further support. [Click here to register.](#)

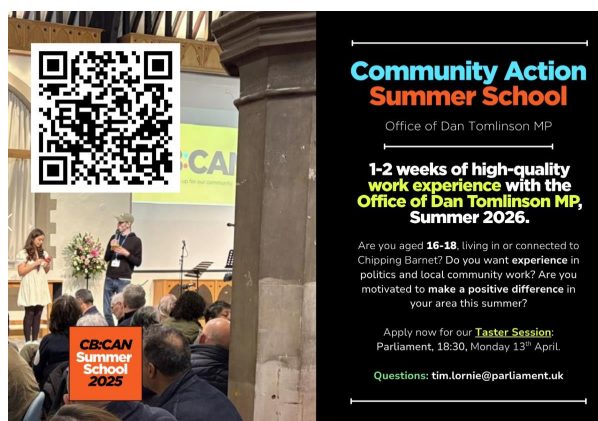
Managing School Transitions

BICS invite you to join a virtual mental health workshop which aims to support parents and carers in helping their child navigate the transition from primary to secondary school.

In this workshop, we will share strategies for coping with change and ways to help your child build confidence and develop a positive sense of self. Together, we will consider the range of feelings children often experience as they transition to secondary school – including their hopes, worries, and expectations. You will also learn helpful techniques to use at home, along with strategies to help your child or young person feel more comfortable saying goodbye to the people and schools they are leaving behind as they prepare for this next step. [Click here to register.](#)

Careers

Community Action Youth Advisors: Taster Session



Parliament, Westminster, 18:30, Monday 13th April

Arrive 18:00 for a 18:30 start

<https://chippingbarnetcan.fillout.com/youth-taster-session-2026>

*Students from your school or college are invited to apply for a **Youth Advisors Taster Session** with Dan Tomlinson and his team. This fun, engaging and highly interactive workshop is open to young people who:*

-
- are 16-18 years old, or who will be 16-18 by 1st September 2026.*
 - live in Chipping Barnet, and/or attend a school/college in Chipping Barnet, and/or are part of a community group/sports team/similar in Chipping Barnet.*
 - by “Chipping Barnet,” we refer to the electoral constituency – young people can check if their school/college/group/team is in Chipping Barnet [here](#).*
-

If there is more interest than we have capacity for at this event, we will operate a waiting list and run a second event later in April. Young people who are interested but unable to make Monday 13th April can indicate this on the form. The event will be a bridge to deeper

involvement in the Office of Dan Tomlinson MP - including through 2 key upcoming opportunities:

- *The Dan Tomlinson MP Summer School - May, June & July 2026*
 - *Chipping Barnet Youth Advisors Programme - from September 2026*
-

Come to the Taster Session to get connected, learn new skills and find out more.

Community Action Summer School 2026

1-2 weeks of high-quality work experience in June & July 2026

Step 1: Join for our Youth Advisors Taster Session, Monday 13th April

 <https://chippingbarnetcan.fillout.com/youth-taster-session-2026>

Are you a young person in Chipping Barnet, passionate about your area and about making a difference in the world? Would you like to do 1-2 weeks of high-energy, high-quality work experience in an MP's Office? Are you motivated to learn and up for a stretching, challenging environment?

Join the Office of Dan Tomlinson MP for this year's Community Action Summer School – we cannot wait to meet you!

- *Dive into the world of politics, community and local government.*
 - *Carry out real-life, impactful work in both Parliament and the local community.*
 - *Receive expert training on leadership skills and how to fulfil your potential.*
-

All young people living in or connected to Chipping Barnet are encouraged to apply, from all backgrounds. You need to be 16-18 years old, or to be turning 16 this summer (by Sep 1st).

See the attached flyer for more information. Travel and lunch costs covered. Applications open Monday 13th April, immediately after the Taster Session.

What's the next step? Apply to Dan's "[Youth Advisors Taster Session](#)" on Monday 13th April, taking place in Parliament (18:30).

Chipping Barnet Youth Advisors - 2026-27 Programme



A 9-month training, mentoring and community impact programme built around you and your interests, working with Dan and his team to make a difference locally.

Step 1: Join for our Youth Advisors Taster Session, Monday 13th April

<https://chippingbarnetcan.fillout.com/t/qYaCX8R8xWus>

See the attached flyer for more information.

Summer STEM Placements - Student sign-ups closing soon!

Registrations close - 1st April

Year 12 students have the chance to gain hands-on research experience this summer with a free STEM placement. These opportunities put students at the heart of real scientific work, build skills, and inspire future STEM pathways.

Applications for these placements are often over-subscribed so we recommend you check eligibility and help students apply before the deadline! [Research and Experience Placements information for students](#)

Extra-Curricular Clubs – Spring Term

We're excited to announce that our full programme of extra-curricular clubs has officially commenced for the Spring Term. Students will have access to a wide variety of lunchtime and after-school activities, designed to enrich learning, build friendships, and develop new skills.

Whether you're passionate about sports, music, arts, literacy, numeracy, debate, or horticulture, there's something for everyone. Clubs are open to all year groups and offer a fantastic opportunity to explore interests beyond the classroom.

For clubs running at lunchtime, students will be issued lunch passes to allow early access to the dining hall—ensuring they have time to eat before attending their chosen activity.

To sign up, students must use Student Portal:

- 1. Log in to the portal*
 - 2. View your **dashboard***
 - 3. Click on **clubs***
 - 4. Find your preferred club and click **enrol**.*
-

Please note - If students have already enrolled for the club during Autumn Term, students do not need to re-enrol for the Spring Term.

We encourage all students to get involved and make the most of what's on offer. Please see attached lunch and after-school timetables.

Extra - Curricular Lunch Time Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
Year 11 Public-Library Style revision (TA)	Year 11 Public-Library Style revision (TA)	Year 11 Public-Library Style revision (TA)	Year 11 Public-Library Style revision (TA)	Year 11 Public-Library Style revision (TA)
Chess Club (Mr Kalloor)	Mind the Gap (Ms Nicolas)	Year 9 Band Practice (Mr Lasithiotakis)	Year 11 Band Practice (Mr Lasithiotakis)	KS3 Reading Club (Ms Pallas)
Choir (Mr Lasithiotakis)	Cultural Greek Dance (Ms Ntaountaki)	The Inner Circle KS5 (Ms Sorgente)	Strategy Club (Mr Dogan)	
Post Advice and Support (Ms Koveri)		Debate Club (Mr Watch)	Drama Club KS4 (Ms Nelson)	
		IT Surgery (Mr Ahmed)		
		Apostle News Club (Ms Casey)		
		Drama Club KS3 (Ms Nelson)		
		Paired Reading Club (Ms Bassington)		

Extra - Curricular After School Schedule 3pm to 4pm

Monday	Tuesday	Wednesday	Thursday	Friday
Learning and Practice club (TA)	Learning and Practice club (TA)	Learning and Practice club (TA)	Learning and Practice club (TA)	Learning and Practice club (TA)
Young Writers Club (Ms Casey)	Art Club KS3 & Year 10 (Miss Lisle)	Debate Club KS3 (Dr Beadle)	DT Club (Ms Ayres)	Level 3 Algebra Club (Mr Dogan)
Basketball Club (PE Team)	Allotment Club (Ms Mahmuti)	Netball (PE Team)	Physics Club KS4 (Mr Chalepas)	Electric Car Club (Mr Chalepas)
Negotiation Club (Ms Rafique)	Criminal Psychology (Ms Cebir)		Science Club KS4 (Miss McCaffrey)	
			STEM Club KS3 (Miss Msrar)	
			Chemistry Club KS4 (Ms Frost)	
			Dance Club (Miss Walt)	
			Year 7 & 8 Spanish Film (Ms Errami)	

A Walk down Memory Lane



04 April 2025



BBC Young Reporter – Eastenders 40-year Celebration

Because of our links with BBC Young Reporter programme, Apostle News journalists were invited to a very exciting event on Friday 21 March at the LMA [Love Media. Love Music. Love Arts – a third level campus in Hackney co-owned by Robbie Williams] to celebrate 40 years of the BBC's iconic soap opera Eastenders.

At this wonderful event Apostle News journalists, Media, Drama and English students from Years 9 to 10 got to learn more about the soap, what it's like working in TV and the chance to meet some of the production team, and even a couple of cast members.

It was a great experience for our students and for us teachers too, to connect with people from the BBC and an opportunity for them to learn more about what goes on behind the scenes of one of the longest running soaps in the country. They also learned the skills and insights into different careers in the creative industry.

"It was both educational and enjoyable, we appreciated participating in such an inclusive event." Alex Year 10

The event was a series of 4 masterclasses and talks (Q&As) covering:
 Writing – the script-writing process
 Content creating – how to use social media to engage audiences
 Acting – what it's like creating that duff duff moment
 Production – the behind the scenes team that make 'it' happen.

"It was really fun and it was quite an eyeopener regarding the acting industry." Parmis, Year 10

What was great was that as well as hearing the workings of making a programme, the students got to make their own videos, act out improvised typical soap opera scenes, meet the actors, question the BAFTA award-winning script writer who actually wrote the recent live show.

"I found that it was a really amazing experience for me and I got to learn all about the behind the scenes of Eastenders. I would happily go again." Isabella, Year 10

It was just fantastic and you can read more about it in the next edition of Apostle News.

Miss Casey and Ms Gomez Castro



"I enjoyed the BBC trip; it was brilliant meeting the Eastender actors and award-winning scriptwriter. And the challenges, we experienced making a video and telling a story...It was a new experience where I learned new things." Arghavan, Year 10



Dr Frost - Maths Department

Dr Frost Maths is used to enhance learning and support every student's progress. The platform offers high-quality lesson resources, auto-marked Learning & Practice tasks, and clear progress tracking, giving teachers more time to focus on effective teaching. Students benefit from interactive practice questions, step-by-step video explanations, and access to past exam problems, helping them build confidence and strengthen their understanding at their own pace. Dr Frost Maths also supports revision by highlighting areas for improvement, allowing students to target specific skills. By integrating this resource into our daily teaching

and Learning and Practice routines, we ensure that all students receive consistent support both in class and at home, helping them become independent and resilient mathematicians.

Mr U Dogan | Head of Maths & Business Studies

School Rank	Points This Year	
80th	4,645,498	
Top 10 Dr Frost users in School		
RANK	STUDENT	TOTAL MASTERY
1	Anna-Maria (11/Mat)	23323
2	Luca (11/Mat)	22310
3	Olivia (9/Mat)	22294
4	Teshan (8/Mat)	21837
5	Anu (9/Mat)	21763
6	Angelo (11/Mat)	21099
7	Bowen (10/Mat, Year 10 Algebra)	19206
8	Hana (11/Mat)	18484
9	Olivia (11/Mat)	18235
10	Peter (11/Mat)	18012

Top 3 for each year group		
Year 7		
RANK	STUDENT	TOTAL MASTERY
1	Dheeran (7/Mat)	8997
2	Yoon (7/Mat)	6300
3	Sasha (7/Mat)	6051
Year 8		
RANK	STUDENT	TOTAL MASTERY
1	Teshan (8/Mat)	21837
2	Ayaz (8/Mat)	19040
3	Dominic (8/Mat)	12525
Year 9		
RANK	STUDENT	TOTAL MASTERY
1	Olivia (9/Mat)	22294
2	Anu (9/Mat)	21763
3	Aurelia (9/Mat)	17106

Year 10		
RANK	STUDENT	TOTAL MASTERY
1	Bowen (10/Mat, Year 10 Algebra)	19206
2	Andreas (10/Mat, Year 10 Algebra)	17936
3	Alaya (10/Mat)	16401
Year 11		
RANK	STUDENT	TOTAL MASTERY
1	Anna-Maria (11/Mat)	23323
2	Luca (11/Mat)	22310
3	Angelo (11/Mat)	21099



25-03-26

Sparx Reader - English Department

Sparx Reader

At St Andrew, students in Years 7 to 10 are expected to earn at least 300 points per week (which equates to approximately 30 min of careful reading) through reading a wide selection of fiction books of their choice from an online library.

Our students of Years 7 to 10 have already read 1,802 books and spent 3,724 hours of careful reading.

Well done and keep up the good work!

Ms Bassington | Head of English

Congratulations to our top February readers from each year group:

Year 7 Top Readers:

Serena R: 4,075

Year 9 Top Readers:

Wonder O: 4,703

Alexandru C: 3,170

Matin M: 2,469

Lara A: 3,168

Gabriel F: 2,249

Year 8 Top Readers:

Year 10 Top Readers:

Chioma O: 21,125

Ali O: 6,193

Moyosoreoluwa S: 19,473

Miles M: 1,685

Chimaranma O: 11,281

Josh D: 1,431

Ms Bassington | Head of English

We're Hiring!



Starting May 2026

Contract: Work available - Feb/March/May/June/November/December – Casual Contract

We seek to appoint enthusiastic and flexible Invigilators to join a fantastic team dedicated to running all public examinations at the school throughout the academic year. During examinations, you will supervise students taking internal and external examinations.

This post would be ideally suited to applicants who are highly organised, vigilant, and reliable, have excellent attention to detail, can remain calm under pressure, and are flexible enough to be called in at short notice.

These positions are casual, as and when required, throughout the academic year. Shifts will vary (from a minimum of 2 hours to all day), and you will need to be able to start work at 8 a.m.

We welcome applications from candidates who:

- Have experience of working as an Exams Invigilator (preferable but not essential)*
- Have a professional manner*
- Are enthusiastic and have a friendly approach*

[Please click here to apply!](#)

Build a Library - Mark Your Legacy!

We are incredibly grateful to the families who have shown such heartfelt support for our school library.

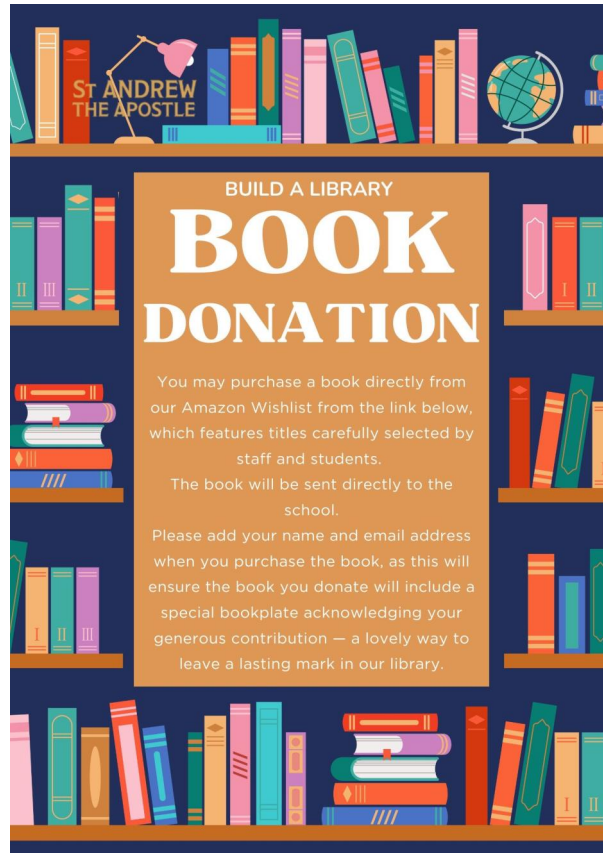
We have currently had over 48 book purchases, and this continues to grow. Your generous donations of books have enriched our shelves and opened up new worlds for our students to explore. You may access our Amazon wish list [here](#) to join in building our school Library.

Please ensure to add your full name to the note at checkout.

We would also like to extend a special thank you to the all the families who have donated £100 to mark their legacy. Your contribution is a lasting investment in the future of our students.

If you would like to support the school through a legacy donation, you can sign in on Parent Pay and select 'pay for other items' once you have logged in.

Thank you for being part of our story.



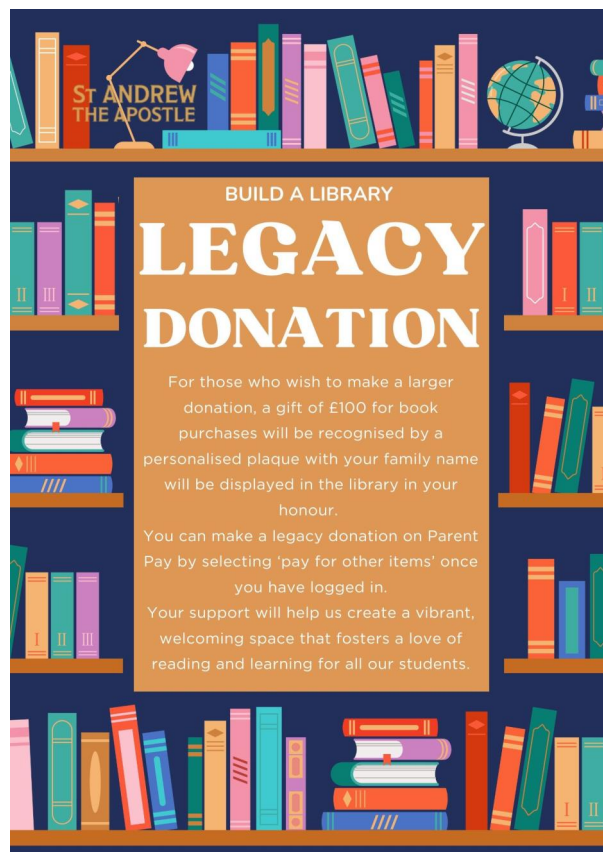
BUILD A LIBRARY

BOOK DONATION

You may purchase a book directly from our Amazon Wishlist from the link below, which features titles carefully selected by staff and students.

The book will be sent directly to the school.

Please add your name and email address when you purchase the book, as this will ensure the book you donate will include a special bookplate acknowledging your generous contribution — a lovely way to leave a lasting mark in our library.



BUILD A LIBRARY

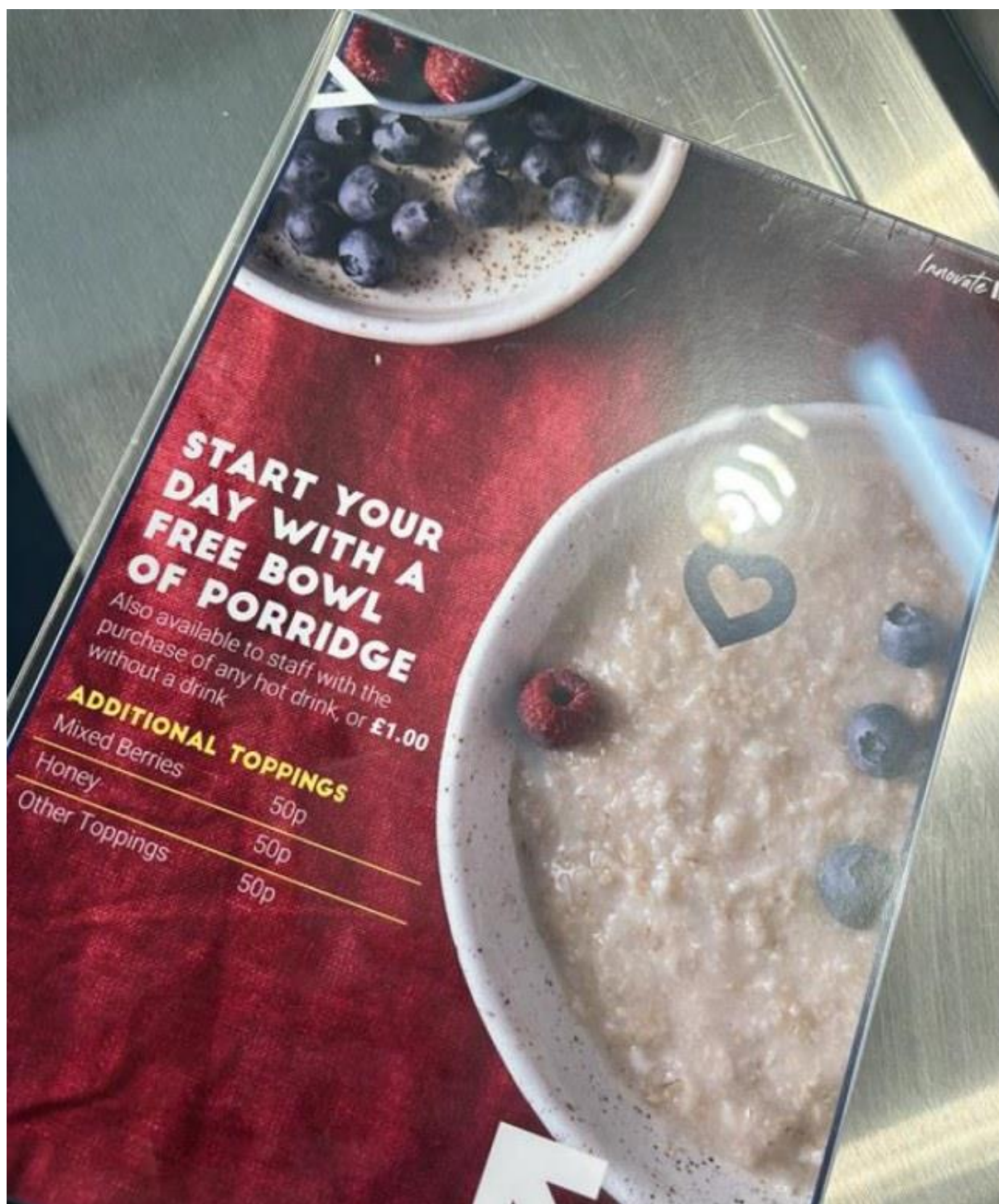
LEGACY DONATION

For those who wish to make a larger donation, a gift of £100 for book purchases will be recognised by a personalised plaque with your family name will be displayed in the library in your honour.

You can make a legacy donation on Parent Pay by selecting 'pay for other items' once you have logged in.

Your support will help us create a vibrant, welcoming space that fosters a love of reading and learning for all our students.

Breakfast: Free Porridge for All Students!



START YOUR DAY WITH A FREE BOWL OF PORRIDGE

Also available to staff with the purchase of any hot drink, or £1.00 without a drink

ADDITIONAL TOPPINGS

Mixed Berries	50p
Honey	50p
Other Toppings	50p

Innovate W



*We're proud to offer **free porridge every morning** for all students, plus other tasty, affordable options like toast, fruit, and cereal.*

Breakfast fuels the body and mind, helping you stay focused and ready to learn. One student said:

"I was in such a rush this morning I didn't eat at home. Having porridge at school meant I could concentrate all day."

*Join us every school day from **7.45am in The Olive Tree** — don't miss out!*

FREE: Dr Bike session



Dr Bike sessions are delivered by qualified bicycle mechanics who offer free, full safety checks for members of the public. Cyclists can bring along their bikes to have key areas assessed, including tyre condition, rims, gears, brake function, and tyre pressure, with adjustments

made where needed at no cost. The service is available for both adult and children's bicycles, ensuring everyone can ride safely and confidently.

Finchley, Lodge Lane car park

Yellow chevrons immediately to the right of the entrance to the Car Park (opposite NL Auction Rooms N12 8JH)

- *13 May*
 - *8 July*
 - *9 September*
 - *11 November*
 - *13 January 2027*
 - *10 March 2027*
-
-

4pm to 7pm

Temple Fortune

By Bike racks outside entrance to M&S Food Hall at 820 Finchley Road, NW11 6XL

- *20 May*
- *15 July*
- *16 September*

- 18 November
 - 20 January 2027
 - 17 March 2027
-
-

4pm to 7pm

Middlesex University

*Pavement on The Burroughs, outside Middlesex University adjacent to Hendon Fire Station,
91 The Burroughs, NW4 4BL*

- 8 April
 - 10 June
 - 12 August
 - 14 October
 - 9 December
 - 10 February 2027
-
-

4pm to 7pm

High Barnet, Stapylton Rd car park

Area immediately to the right of carpark entrance (EN5 4LR)

- 15 April

- *17 June*
- *19 August*
- *21 October*
- *16 December*
- *17 February 2027*

4pm to 7pm

Afternoon Tea Fundraiser



Join us for an

Afternoon Tea Fundraiser



Saturday 9 May 2026

2:00 – 5:00pm

St John the Baptist Greek Orthodox Church Hall
Wightman Road, London, N8 0LY

RSVP: Sylvia 07855756948
Joanna 07887721246



All proceeds will go to the Leukaemia Cancer Society No. 1040984

Easter HAF 2026

ENFIELD YOUTH DEVELOPMENT SERVICE

EASTER ACTIVITIES

Free activities for young people this Easter.

8 days of fun activities from arts and crafts, games, cooking and much more!

AGE 8-15

MON 30 MAR BELL LANE YC 11:30AM-3:30PM CRAIG PARK YC 1PM-5PM	TUE 31 MAR BELL LANE YC 11:30AM-3:30PM CRAIG PARK YC 1PM-5PM PONDERS END YC 1PM-5PM
WED 1 APR CRAIG PARK YC 1PM-5PM PONDERS END YC 1PM-5PM	THU 2 APR PONDERS END YC 1PM-5PM
TUE 7 APR BELL LANE YC 11:30AM-3:30PM CRAIG PARK YC 1PM-5PM	WED 8 APR BELL LANE YC 11:30AM-3:30PM CRAIG PARK YC 1PM-5PM PONDERS END YC 1PM-5PM
THU 9 APR CRAIG PARK YC 1PM-5PM PONDERS END YC 1PM-5PM	FRI 10 APR PONDERS END YC 1PM-5PM

BELL LANE YOUTH CENTRE
SEND SPECIFIC SESSIONS



Interested?

Email youthenfield@enfield.gov.uk

Programme is funded by Department of Education


Department
for Education



SEND Information

BACPAC: Barnet Autism Course for Parents And Carers

An Online Parent/Carer Training Course

A comprehensive training and support programme for parents/carers of children aged 6-19, with a diagnosis of Autism.

This course is available free of charge to families living in Barnet.

A 5-session online training course, covering topics including:

- *An overview of what it means for your child to be Autistic.*
 - *Communication.*
 - *Sensory needs.*
- *Understanding emotional regulation/'behaviour'.*

This course also gives parents/carers an opportunity to learn together and share experiences online.

Please do not sign up if you have already attended this course, or the Cygnets Course.

There is a further 6-session BACPAC course Tuesdays 10-11.30am starting 2nd June 2026.

Dates and times:

Monday 13th April 6.00-7.30pm

Monday 20th April 6.00-7.30pm

Monday 27th April 6.00-7.30pm

Monday 4th May Bank Holiday, no session.

Monday 11th May 6.00-7.30pm

Monday 18th May 6.00-7.30pm

Sign up form here: BACPAC: Barnet Autism Course for Parents And Carers, April & May 2026.

Sign-up form. – Fill in form

Workshop for parents/carers and children and young people

Saturday 25th April 2026, 1.30 – 4.30pm

Finchley Arts Depot, 5 Nether St, London N12 0GA

ADHD in the 21st Century

Barnet's Inclusion Advisory Team are pleased to present an in-person workshop for; Children (aged 10-18 years old) attending a Barnet School & their Parents/Carers.

Please sign up for a space on the workshop here:

<https://forms.cloud.microsoft/e/Ec1uwH125m> (please note limited spaces and a maximum of 2 child & 2 adult spaces per family). Places will be offered on a first come first served basis and confirmation of space will be emailed to you.

Presenting...The Barnet Inclusion Advisory Team and Barnet Parent Carer Forum

Andrew Whitehouse and Isaac Whitehouse

TEDx Speaker Andrew Whitehouse is a specialist in neurological diversity and provides interventions for professionals, parents and young people with Autism, ADHD, Dyslexia and related conditions.

Rachel McKensie

Youth Sports Trust, Athlete Mentor Rachael Mackenzie is a former professional boxer and Thai boxer who is also an ABA England Boxing Silver Medallist and World Thai Boxing Champion. Research and evidence led, the Youth Sport Trust explores the power of sport and physical activity in transforming the health, happiness and wellbeing of children and young people.

Munur Shah

Founder of Rebel Therapies and & Author of 'Screen Addict'. Munur Shah, experienced firsthand the challenges of screen and mobile phone addiction within his own family. Determined to make a change, he dedicated years to researching the root causes of screen, mobile phone and online gaming addiction, and its profound impact on our emotions,

thoughts and behaviours. His insights not only transformed his life but inspired him to help others break free from the grip of intrusive technologies.

Panel Q&A

Celebrating Our Environmental Achievement

Gold Level TFL Award

Congratulations to STA for achieving the Gold Level TfL STARS Award! This recognition celebrates the school's outstanding commitment to sustainable travel and active transport.

STA has demonstrated leadership in promoting safer, greener journeys to and from school. The Gold Level status reflects the school's dedication to creating a healthier environment and inspiring positive change across the borough.





Sustainability at STA: Over 15,642 Bottles Saved!



STA has made an incredible impact by saving over 15,642 plastic bottles since the start of the school year, thanks to the installation of brand-new water fountains in our new building. This initiative not only promotes sustainability but also encourages students and staff to make environmentally conscious choices every day. Well done to everyone involved!

STA's Carbon Cut: 6,748kg of CO₂ Saved!



St Andrew the Apostle School is proud to announce that our new building has already helped save 6,748 kilograms of carbon dioxide through our use of solar panels—a huge step toward reducing our environmental footprint. This achievement reflects our commitment to sustainability and creating a greener future for our school community.

Safeguarding at STA

At St Andrew the Apostle School we take safeguarding and child protection issues very seriously.

We believe that all those who come into contact with children and families in their everyday work have a duty to safeguard and promote the welfare of children.

Prior to employment all staff (paid or voluntary) are checked.

The designated safeguarding lead (DSL) for Child Protection is Ms Walt.

The deputy designated safeguarding lead's (DDSLs) for Child Protection are Mr Martin and Ms Bicarregui.



Attendance

